

【內容】主題清楚切題，鼓勵表妹能正向思考，面對未來入學考試挑戰。提供兩種減少壓力的方法——聆聽古典音樂及散步欣賞風景，並能生動描述音樂的減壓療癒效果。相關敘述完整，有具體的細節支持，描寫深刻，論述充實。

【組織】段落分明，開頭、發展及結尾的安排順暢，轉承語使用得宜（如：as you may know, in addition to, in the end），前後文連貫得當，皆按提示寫作。

【語言】句子結構語法大多正確，句型富有變化（如：Though exhausted you may be），能善用修辭技巧，用字遣詞佳（如：be bombarded with, stifling, exert oneself to, be besieged by, alleviate, take a stroll）。

May 6, 2019

Dear Mary,

I have learned that you have been bombarded with piles of assignments and exams recently, which makes you extremely stressed. I can totally understand how stifling the up-coming entrance exam is and how important it is for you. As your cousin, I completely believe that you can absolutely prevail on this challenge and successfully get good grades as you have exerted yourself to the exam for a long time. Though exhausted you may be, you still have to persist and face the exam positively, for it has a lot to do with your future. If you still feel you are besieged by the pressure of the exam, I can offer two practical and effective stress-lessening methods for you.

As you may know, music can always make people relaxed; as a result, I suggest that you listen to classical or soft music when you are under the pressure. Not only can its beautiful melody relax your mind, but it can also help alleviate the terrible stress keeping bothering you. In addition to listening to music, taking a stroll can be of great help as well. You can appreciate the appealing scenery along the road and enjoy the fresh air outside, which can definitely help release the pressure. The two above-mentioned measures are really of great effect and can surely tackle the annoying stress for you.

In the end, just believe yourself! And remember, I will support you no matter what happens. I hope this letter can be an anchor for you.

Good luck!

Best,

Lisa